

INTRODUCTION

First presented in audio format (1995), the information disseminated then was the culmination of fifteen years of research conducted by Sam Queen at his privately held Institute for Health Realities, located in Colorado Springs. The interviewer was Mark S. A. Smith.

At the time of the recordings Sam Queen had identified five homeostatic controls, controls that when pushed beyond their limits became the underlying causes of the most common degenerative diseases including infections, toxicities and cancer. Today, the total number of subclinical defects he addresses is seven, each of which is an aberration in one or more of the seven key homeostatic controls of human cell function that can be addressed through chemistry. These key homeostatic controls are:

- Acid Stress
- Free Calcium Excess
- Protein/Amino Acid Imbalance
- Anaerobic Tendency
- Chronic Inflammation
- Connective Tissue Breakdown
- Oxidative Stress

Oxidative stress, the seventh of these areas, is most often credited to toxic exposure. To help identify the type of toxins that a client or patient may be dealing with, Sam has established through chemistry the Toxic Footprint for each category of the major environmental toxin groups.

- Mercury (and other heavy metals)
- Iron
- Free, Unbound Iron
- Organic Solvents
- Pesticides and Herbicides
- Latex and Other Petrochemicals

By identifying what toxins are present and which of the subclinical homeostatic controls are out of balance, the clinician is provided with a clear path to correcting the imbalances. Simple as it may sound, prevention of disease and improvement of health through Free Radical Therapy result in signs of disease slowly fading, not by treating the symptoms but by simply righting the wrongs of homeostasis and toxic insult.